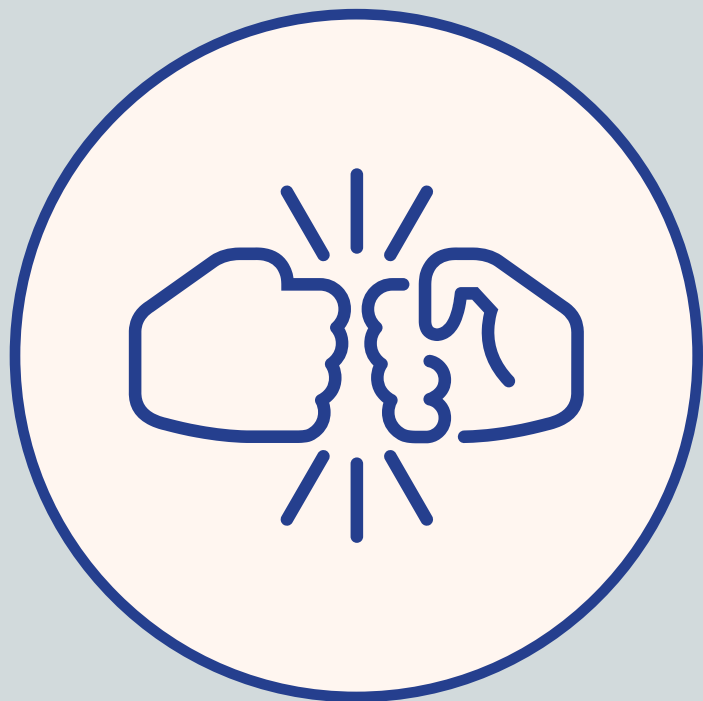




TIPS FOR GREETING OTHERS

Shaking hands has always been our go-to greeting. Here's what to know and do now.



IT'S AWKWARD FOR EVERYONE

A fist bump? Touching elbows? Waving or bowing? Remember, everyone's feeling equally confused about introducing themselves these days. Just be patient—and flexible.

DECIDE WHAT YOU FEEL COMFORTABLE WITH

Before you meet anyone new, plan ahead how you'll greet them without shaking hands. Consider making a lighthearted, inoffensive comment about it to create a positive connection.



AVOID JUDGING OTHERS

Declining to shake hands can feel judgmental. It's best to remember everyone has a different comfort level—especially now. Do your best to read the situation and avoid reacting negatively.

