TIPS FOR GREETING OTHERS

Shaking hands has always been our go-to greeting. Here’s what to know and do now.

**IT’S AWKWARD FOR EVERYONE**
A fist bump? Touching elbows? Waving or bowing? Remember, everyone’s feeling equally confused about introducing themselves these days. Just be patient—and flexible.

**DECIDE WHAT YOU FEEL COMFORTABLE WITH**
Before you meet anyone new, plan ahead how you’ll greet them without shaking hands. Consider making a lighthearted, inoffensive comment about it to create a positive connection.

**AVOID JUDGING OTHERS**
Declining to shake hands can feel judgmental. It’s best to remember everyone has a different comfort level—especially now. Do your best to read the situation and avoid reacting negatively.